

Dulles District Championships - 2/5/2010

Psych Sheet

#1 Boys 200 Yard Medley Relay

1:50.79 VHSL			
Team	Relay	Seed Time	
1 GMHS-VA	A	1:45.98	VHSL
Cherry, Lucas FR	Parker, Sam SR		
Doty, Will JR	Butler, Sam JR		
2 BWHS-VA	A	1:47.10	VHSL
Vater, Steffen JR	Farley, Chris SR		
Mason, Nick SR	Faulkner, Ryan SR		
3 BRHS-VA	A	1:47.63	VHSL
Larrabee, Rex	Poltash, Mike L		
Lucas, Cameron R	Leidy, Jacob		
4 FHS-VA	A	1:49.21	VHSL
Mignone, Thomas SR	Smith, Andrew SO		
Crampton, Chris JR	Harmon, Michael FR		
5 LCHS-VA	A	1:49.47	VHSL
Gibson, Joe JR	Clark, Cort SO		
Koenig, Jake SO	Shoemaker, Will SR		
6 DHS	A	1:49.69	VHSL
Wilkinson, Daryl JR	Ramsey, Kyle JR		
Lawson, Sean SR	Noonan, Matt SR		
7 PFHS	A	1:50.09	VHSL
Hurrell, Sean FR	Johnson, Matthew SO		
Saunders, Gavin SO	Jamison, Riley SO		
8 PVHS-VA	A	1:59.92	
French, Michael	Burkel, David		
Gallagher, Nathan	Vereb, Tommy		

#2 Girls 200 Yard Medley Relay

2:03.59 VHSL			
Team	Relay	Seed Time	
1 BWHS-VA	A	1:55.19	VHSL
Atkinson, Kelsey SR	Haufler, Kristin FR		
Haufler, Alli SO	Hensley, Caleigh FR		
2 PFHS	A	1:59.65	VHSL
Harvey, Carla JR	Staffen, Ariana FR		
Newton, Carson FR	Werner, Bridget JR		
3 GMHS-VA	A	2:00.82	VHSL
Jordan, Gen SO	Schmitt, Carolyn SO		
Frank, Kelley SR	Hamill, Karen SR		
4 BRHS-VA	A	2:01.90	VHSL
Swanson, Amanda	Ruttenberg, Caroline		
Pasztor, Abby J	Sarman, Anna		
5 DHS	A	2:02.81	VHSL
Royce, Jessica JR	Ledwell, Kimmy SR		
Marks, Jalyn SO	Mazurowski, Maura FR		
6 PVHS-VA	A	2:05.48	
Chelar, Julia	Anderegg, Jen		
Jones, Courtney	Griffin, Brittany		
7 FHS-VA	A	2:07.08	
Clarke, Stephanie SO	Johnson, Katie FR		
Smith, Amanda SR	Moffitt, Rachel JR		
8 LCHS-VA	A	2:14.72	
Garcia, Arlyn SO	Rivera, Adrienne FR		
McGrath, Kelly SR	Askew, Amy N SO		

#3 Boys 200 Yard Freestyle

1:55.39 VHSL			
Name	Yr	School	Seed Time
1 Mason, Nick	SR	BWHS-VA	1:47.14 VHSL
2 Doty, Will	JR	GMHS-VA	1:53.63 VHSL
3 Campbell, Nick	SO	FHS-VA	1:53.93 VHSL
4 Mardock, Philip	JR	BWHS-VA	1:55.48

5 Valentino, Alex	SO	GMHS-VA	2:00.26
6 Lucas, Cameron		BRHS-VA	2:01.79
7 Guessford, Eric	SO	BWHS-VA	2:02.40
8 McCord, Nick	FR	LCHS-VA	2:03.57
9 Romano, Erik		BRHS-VA	2:04.74
10 Deker, Grant	SO	PFHS	2:06.45
11 Wolsky, Derek	SR	DHS	2:07.67
12 Lloyd, Jeff	SR	DHS	2:10.06
13 Mery, Javier	FR	PFHS	2:12.01
14 Donovan, Adam	FR	DHS	2:14.85
15 Castorena, Izzy	SR	PFHS	2:15.72
16 Gibson, Joe	JR	LCHS-VA	2:18.58
17 Ford, Josh		PVHS-VA	2:19.22
18 Garant, Bradlee	JR	FHS-VA	2:19.67
19 Michalek, Bryan	JR	LCHS-VA	2:20.89
20 Lidwin, Joe	SO	FHS-VA	2:21.51
21 Nutwell, Nick		BRHS-VA	2:22.22
22 Rund, Joseph	FR	GMHS-VA	2:23.76
23 Gehrmeier, Jona		PVHS-VA	2:35.30
24 Mitter, Ryan		PVHS-VA	2:47.21

#4 Girls 200 Yard Freestyle

2:07.79 VHSL			
Name	Yr	School	Seed Time
1 Guessford, Elise	SR	BWHS-VA	2:01.75 VHSL
2 Haufler, Alli	SO	BWHS-VA	2:02.06 VHSL
3 Moffitt, Rachel	JR	FHS-VA	2:12.37
4 Jones, Courtney		PVHS-VA	2:14.67
5 Strange, Julie	SR	LCHS-VA	2:16.61
6 Schmid, Jennifer	SO	PFHS	2:16.73
7 Estrada, Julia	FR	GMHS-VA	2:17.95
8 Anderson, Maggie	SR	PFHS	2:18.75
9 Pierce, Alicia	JR	GMHS-VA	2:19.41
10 Mignone, Rebecca	SO	FHS-VA	2:21.08
11 Koontz, Leah	JR	PFHS	2:22.15
12 Gribbin, Abby	JR	LCHS-VA	2:23.12
13 Donovan, Hannah	SR	DHS	2:24.06
14 Rizzo, Alex	SR	DHS	2:24.66
15 Ibanez, Gabriella	FR	FHS-VA	2:28.71
16 Horner, Madi	SO	BWHS-VA	2:28.74
17 Bellamah, Miran	FR	DHS	2:30.37
18 Devlin, Sarah	FR	GMHS-VA	2:31.93
19 Rexroad, Sarah K	SO	LCHS-VA	2:35.32
20 Sherman, Sara		BRHS-VA	2:38.97
21 Lumpkin, Caitlyn		BRHS-VA	2:47.47
22 Johnston, Tullia		PVHS-VA	3:01.78
23 Reinhold, Sarah		PVHS-VA	3:08.39
24 Comstock, Hannah		BRHS-VA	3:19.06

#5 Boys 200 Yard IM

2:10.99 VHSL			
Name	Yr	School	Seed Time
1 Sarman, Mark C		BRHS-VA	1:59.29 VHSL
2 Foley, Eoghan	SO	PFHS	2:09.83 VHSL
3 Crampton, Chris	JR	FHS-VA	2:10.59 VHSL
4 Clark, Cort	SO	LCHS-VA	2:11.69
5 Hurrell, Sean	FR	PFHS	2:15.14
6 Larrabee, Rex		BRHS-VA	2:19.69
7 Duran, Sinan	FR	FHS-VA	2:20.36
8 Edwards, Christi	FR	BWHS-VA	2:20.79
9 Lawson, Sean	SR	DHS	2:21.47
10 Wareham, Jay	JR	LCHS-VA	2:21.75

11 Burkel, David		PVHS-VA	2:22.64
12 Faulkner, Ryan	SR	BWHS-VA	2:22.81
13 Parker, Sam	SR	GMHS-VA	2:23.74
14 Johnson, Matthew	SO	PFHS	2:28.56
15 Warner, Dane	JR	GMHS-VA	2:28.59
16 Vater, Steffen	JR	BWHS-VA	2:29.91
17 Bowers, Kyle	FR	LCHS-VA	2:31.05
18 Ramsey, Kyle	JR	DHS	2:32.33
19 Gaiteri, Devon	JR	FHS-VA	2:35.70
20 Waters, Samuel	JR	GMHS-VA	2:37.38
21 French, Michael		PVHS-VA	2:37.53
22 Nour, Ryan	JR	DHS	2:38.13
23 Thurston, Jonath		PVHS-VA	2:46.84
24 Wilcox, Jake		BRHS-VA	NT

#6 Girls 200 Yard IM

2:23.69 VHSL			
Name	Yr	School	Seed Time
1 Atkinson, Kelsey	SR	BWHS-VA	2:17.03 VHSL
2 Staffen, Ariana	FR	PFHS	2:17.98 VHSL
3 Ruttenberg, Caro		BRHS-VA	2:22.67 VHSL
4 Swanson, Amanda		BRHS-VA	2:30.67
5 Ayers, Taylor	SR	PFHS	2:32.23
6 Brady, Ashley	JR	FHS-VA	2:33.83
7 Moore, Nathalie	FR	BWHS-VA	2:34.36
8 Schmitt, Carolyn	SO	GMHS-VA	2:35.10
9 Jeffreys, Lindsey	JR	FHS-VA	2:35.30
10 Johnson, Katie	FR	FHS-VA	2:40.37
11 Carmack, Nikki L	SR	DHS	2:40.74
12 Gomez, Elizabeth	SO	BWHS-VA	2:41.28
13 Armstrong, Ama	SO	LCHS-VA	2:44.38
14 Voyack, Megan	FR	PFHS	2:44.99
15 Zentz, Sierra		PVHS-VA	2:46.57
16 Joseph, Caroline	JR	LCHS-VA	2:47.70
17 Butler, Juliana	FR	GMHS-VA	2:49.96
18 Guevara, Audrey	JR	DHS	2:55.56
19 Williams, Madel		BRHS-VA	2:58.44
20 Perry, Dawn	JR	DHS	3:02.00
21 Solis, Rachel	SO	LCHS-VA	3:06.57

#7 Boys 50 Yard Freestyle

23.69 VHSL			
Name	Yr	School	Seed Time
1 Leidy, Jacob		BRHS-VA	22.76 VHSL
2 Poltash, Mike L		BRHS-VA	23.00 VHSL
3 Butler, Sam	JR	GMHS-VA	23.02 VHSL
4 Ternovski, Alex	SR	PFHS	23.12 VHSL
5 Horback, Alan R		BRHS-VA	23.43 VHSL
6 Smith, Andrew	SO	FHS-VA	23.51 VHSL
7 Harmon, Michael	FR	FHS-VA	23.73
8 Duran, Ozan	JR	FHS-VA	23.95
9 Boyd, Austin	JR	DHS	24.16
10 Noonan, Matt	SR	DHS	24.25
11 Cechak, Nick	SR	LCHS-VA	24.50
12 Jakab, Brandon	FR	DHS	24.56
13 Saunders, Gavin	SO	PFHS	24.87
14 Shoemaker, Will	SR	LCHS-VA	25.11
15 Vereb, Tommy		PVHS-VA	25.42
16 Showalter, John	JR	LCHS-VA	25.88
17 Horvath, Jake		PVHS-VA	27.04
18 Strickland, Zach		PVHS-VA	27.31
19 Ramos, Emilio	SR	GMHS-VA	27.51

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#7 ... (Boys 50 Yard Freestyle)

20	Lee, Andrew	SO	BWHS-VA	29.02
21	Olson, Hans	SO	GMHS-VA	29.39
22	Brennan, Shane	FR	BWHS-VA	29.97
23	Clements, Brian	JR	BWHS-VA	30.94
24	Jamison, Riley	SO	PFHS	NT

#8 Girls 50 Yard Freestyle

26.69 VHSL				
Name	Yr	School	Seed Time	
1	Haufler, Kristin	FR	BWHS-VA	25.74 VHSL
2	Frank, Kelley	SR	GMHS-VA	25.87 VHSL
3	Russell, Katie	SO	LCHS-VA	26.12 VHSL
4	Smith, Amanda	SR	FHS-VA	26.33 VHSL
5	Hamill, Karen	SR	GMHS-VA	26.50 VHSL
6	Mazurowski, Ma	FR	DHS	26.53 VHSL
7	Werner, Bridget	JR	PFHS	27.12
8	Griffin, Brittany		PVHS-VA	27.43
9	Ledwell, Kimmy	SR	DHS	27.56
10	Kim, Elisa	SR	PFHS	27.83
11	Marshall, Alexie	SR	FHS-VA	27.88
12	Coulter, Sara	FR	DHS	28.04
13	Rivera, Elise	SR	LCHS-VA	28.11
14	Farris, Diana	JR	BWHS-VA	28.32
15	Rivera, Adrienne	FR	LCHS-VA	28.76
16	Thirkill, Leah	SO	GMHS-VA	28.87
17	Pontius, Darby	FR	PFHS	29.03
18	Black, Sydney	FR	BWHS-VA	29.34
19	Tashjian, Jenny		BRHS-VA	29.68
20	Marshall, Haley	JR	FHS-VA	30.14
21	Walker, Elle		BRHS-VA	30.59
22	Goodwin, Miche		PVHS-VA	32.72
23	Giglio, Angela F		BRHS-VA	33.81
24	Blake, Samantha		PVHS-VA	34.75

#9 Boys 100 Yard Butterfly

59.09 VHSL				
Name	Yr	School	Seed Time	
1	Sarman, Mark C		BRHS-VA	52.21 VHSL
2	Crampton, Chris	JR	FHS-VA	59.63
3	Koenig, Jake	SO	LCHS-VA	59.76
4	Mardock, Philip	JR	BWHS-VA	1:00.61
5	Lawson, Sean	SR	DHS	1:01.59
6	Cherry, Lucas	FR	GMHS-VA	1:02.19
7	Metzfield, Will		BRHS-VA	1:03.26
8	Keevey, Coner	FR	BWHS-VA	1:04.47
9	Jamison, Riley	SO	PFHS	1:06.11
10	Noonan, Matt	SR	DHS	1:06.88
11	Andryszak, Steve	SR	DHS	1:06.94
12	McLaughlin, An		BRHS-VA	1:07.00
13	Duran, Sinan	FR	FHS-VA	1:07.94
14	Stowell, Chris	JR	LCHS-VA	1:09.30
15	Bowers, Kyle	FR	LCHS-VA	1:10.25
16	Gallagher, Natha		PVHS-VA	1:11.07
17	Cashin, Sam	SO	GMHS-VA	1:11.25
18	Castaneda, RC		PVHS-VA	1:11.84
19	O'Toole, Seamus	SR	FHS-VA	1:14.17
20	Thompson, Stepl	SR	PFHS	1:15.40
21	Abdo, Abdul	FR	BWHS-VA	1:16.49
22	Adams, Connor	SO	PFHS	1:21.11
23	Housman, Mitch	JR	GMHS-VA	1:24.42

24 Ngyuen, Ngyuen PVHS-VA 1:35.13

#10 Girls 100 Yard Butterfly

1:05.89 VHSL				
Name	Yr	School	Seed Time	
1	Haufler, Alli	SO	BWHS-VA	58.49 VHSL
2	Atkinson, Kelsey	SR	BWHS-VA	1:01.53 VHSL
3	Newton, Carson	FR	PFHS	1:03.51 VHSL
4	Marks, Jalyn	SO	DHS	1:03.72 VHSL
5	Clarke, Stephanie	SO	FHS-VA	1:04.25 VHSL
6	Sarman, Anna		BRHS-VA	1:04.41 VHSL
7	Pasztor, Abby J		BRHS-VA	1:04.82 VHSL
8	Harvey, Carla	JR	PFHS	1:04.96 VHSL
9	Jordan, Gen	SO	GMHS-VA	1:11.88
10	Johnston, Taryn		BRHS-VA	1:13.28
11	Donovan, Hanna	SR	DHS	1:13.72
12	Devlin, Sarah	FR	GMHS-VA	1:15.19
13	McGrath, Kelly	SR	LCHS-VA	1:16.18
14	Jeffreys, Lindsey	JR	FHS-VA	1:16.59
15	McDermott, Amr	SO	BWHS-VA	1:17.14
16	Zentz, Sierra		PVHS-VA	1:17.54
17	Wishnow, Samar	FR	PFHS	1:18.06
18	Rizzo, Alex	SR	DHS	1:19.48
19	Morana, Annabel	FR	FHS-VA	1:19.81
20	Joseph, Caroline	JR	LCHS-VA	1:20.00
21	Schneck, Jackie	SO	LCHS-VA	1:21.53
22	Nystrom, Joy	SO	GMHS-VA	1:21.62

#11 Boys 100 Yard Freestyle

52.19 VHSL				
Name	Yr	School	Seed Time	
1	Butler, Sam	JR	GMHS-VA	51.54 VHSL
2	Farley, Chris	SR	BWHS-VA	52.98
3	Horback, Alan R		BRHS-VA	53.50
4	Lucas, Cameron		BRHS-VA	53.61
5	Wolsky, Derek	SR	DHS	53.98
6	Duran, Ozan	JR	FHS-VA	54.60
7	Ternovski, Alex	SR	PFHS	55.12
8	Shoemaker, Will	SR	LCHS-VA	55.55
9	Cechak, Nick	SR	LCHS-VA	56.02
10	Boyd, Austin	JR	DHS	56.60
11	Jakab, Brandon	FR	DHS	56.60
12	Harmon, Michae	FR	FHS-VA	57.14
13	Showalter, John	JR	LCHS-VA	57.52
14	Castorena, Izzy	SR	PFHS	57.78
15	Vereb, Tommy		PVHS-VA	58.80
16	Bailey, Max		BRHS-VA	1:00.47
17	Schmutz, Spence	JR	FHS-VA	1:00.95
18	Horvath, Jake		PVHS-VA	1:02.66
19	Strickland, Zach		PVHS-VA	1:02.93
20	Olson, Hans	SO	GMHS-VA	1:04.31
21	Rund, Joseph	FR	GMHS-VA	1:04.48
22	Saunders, Gavin	SO	PFHS	NT
23	Thomas, Garrett	JR	BWHS-VA	NT
24	Faulkner, Ryan	SR	BWHS-VA	NT

#12 Girls 100 Yard Freestyle

58.59 VHSL				
Name	Yr	School	Seed Time	
1	Haufler, Kristin	FR	BWHS-VA	55.62 VHSL
2	Hensley, Caleigh	FR	BWHS-VA	56.29 VHSL
3	Frank, Kelley	SR	GMHS-VA	58.22 VHSL
4	Mazurowski, Ma	FR	DHS	58.60

5	Russell, Katie	SO	LCHS-VA	58.73
6	Moffitt, Rachel	JR	FHS-VA	58.87
7	Newton, Sophie	SO	LCHS-VA	58.89
8	Kim, Elisa	SR	PFHS	1:00.25
9	Schmid, Jennifer	SO	PFHS	1:00.76
10	Koontz, Leah	JR	PFHS	1:01.81
11	Jones, Courtney		PVHS-VA	1:02.41
12	Farris, Diana	JR	BWHS-VA	1:02.50
13	Rivera, Elise	SR	LCHS-VA	1:02.82
14	Thirkill, Leah	SO	GMHS-VA	1:02.97
15	Coulter, Sara	FR	DHS	1:03.22
16	Marshall, Alexie	SR	FHS-VA	1:03.46
17	Royce, Jessica	JR	DHS	1:03.56
18	Griffin, Brittany		PVHS-VA	1:03.72
19	Chelar, Julia		PVHS-VA	1:05.07
20	Tashjian, Jenny		BRHS-VA	1:05.38
21	Ibanez, Gabriella	FR	FHS-VA	1:05.75
22	Sherman, Sara		BRHS-VA	1:07.59
23	Walker, Elle		BRHS-VA	1:09.00
24	Bell, Emily	FR	GMHS-VA	NT

#13 Boys 500 Yard Freestyle

5:14.19 VHSL				
Name	Yr	School	Seed Time	
1	Mason, Nick	SR	BWHS-VA	4:58.73 VHSL
2	Doty, Will	JR	GMHS-VA	5:10.02 VHSL
3	O'Hara, Aidan	FR	DHS	5:11.62 VHSL
4	Hurrell, Sean	FR	PFHS	5:31.17
5	McCord, Nick	FR	LCHS-VA	5:31.45
6	Valentino, Alex	SO	GMHS-VA	5:39.94
7	Mignone, Thoma	SR	FHS-VA	5:48.62
8	Stowell, Chris	JR	LCHS-VA	5:56.93
9	Wilkinson, Daryl	JR	DHS	6:00.75
10	Mery, Javier	FR	PFHS	6:01.11
11	Bayly, Matthew		BRHS-VA	6:01.12
12	Allen, Justin		BRHS-VA	6:02.67
13	Gallagher, Natha		PVHS-VA	6:06.90
14	Somuano, Carlos		BRHS-VA	6:10.79
15	Garant, Bradlee	JR	FHS-VA	6:11.00
16	Frazier, Kyle	SR	LCHS-VA	6:11.21
17	Edwards, Christi	FR	BWHS-VA	6:15.12
18	Hancock, James	JR	FHS-VA	6:21.84
19	Thomas, Thadde	SO	DHS	6:27.90
20	Bailey, Hunter	FR	BWHS-VA	6:30.07
21	Ford, Josh		PVHS-VA	6:32.23
22	Woodmancy, Ma	FR	PFHS	6:32.57
23	Back, Reid	SO	GMHS-VA	6:53.13
24	Hackett, Peter		PVHS-VA	7:39.39

#14 Girls 500 Yard Freestyle

5:41.09 VHSL				
Name	Yr	School	Seed Time	
1	Guessford, Elise	SR	BWHS-VA	5:22.54 VHSL
2	Marks, Jalyn	SO	DHS	5:24.00 VHSL
3	Sarman, Anna		BRHS-VA	5:42.25
4	Werner, Bridget	JR	PFHS	5:47.31
5	Mittan, Lizzy	FR	BWHS-VA	5:47.52
6	Strange, Julie	SR	LCHS-VA	6:02.62
7	Estrada, Julia	FR	GMHS-VA	6:08.29
8	Brady, Ashley	JR	FHS-VA	6:08.49
9	McGann, Sadie	SO	BWHS-VA	6:09.54
10	Milenski, Katie	FR	DHS	6:16.55

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#14 ... (Girls 500 Yard Freestyle)

11	Anderson, Magg	SR	PFHS	6:22.00
12	Pierce, Alicia	JR	GMHS-VA	6:30.47
13	Hood, Katie	SO	PFHS	6:38.20
14	Gribbin, Abby	JR	LCHS-VA	6:49.65
15	Garcia, Arlyn	SO	LCHS-VA	6:52.60
16	Ibanez, Gladys	JR	FHS-VA	6:59.71
17	Tirella, Nicole	FR	DHS	7:16.50
18	Pitarque, Carolin	SO	FHS-VA	7:16.57
19	Lumpkin, Caitly		BRHS-VA	7:29.21
20	Thirkill, Ruth	SO	GMHS-VA	7:42.35
21	Anderegg, Jen		PVHS-VA	7:45.35
22	Davis, Katie		BRHS-VA	7:45.69
23	Goodwin, Miche		PVHS-VA	8:03.81

#15 Boys 200 Yard Freestyle Relay

1:38.39 VHSL

Team	Relay	Seed Time
1	BRHS-VA	A 1:30.00 VHSL
	Sarman, Mark C	Larrabee, Rex
	Poltash, Mike L	Horback, Alan R
2	GMHS-VA	A 1:35.08 VHSL
	Warner, Dane JR	Waters, Samuel JR
	Cashin, Sam SO	Parker, Sam SR
3	PFHS	A 1:36.91 VHSL
	Ternowski, Alex SR	Deker, Grant SO
	Saunders, Gavin SO	Foley, Eoghan SO
4	BWHS-VA	A 1:36.99 VHSL
	Mardock, Philip JR	Guessford, Eric SO
	Vater, Steffen JR	Faulkner, Ryan SR
5	DHS	A 1:38.34 VHSL
	Boyd, Austin JR	Jakab, Brandon FR
	Noonan, Matt SR	Wolsky, Derek SR
6	FHS-VA	A 1:38.98
	Campbell, Nick SO	Duran, Ozan JR
	Smith, Andrew SO	Gaiteri, Devon JR
7	LCHS-VA	A 1:39.53
	Cechak, Nick SR	LaFever, Alex SR
	Wareham, Jay JR	McCord, Nick FR
8	PVHS-VA	A 1:46.62
	French, Michael	Burkel, David
	Vereb, Tommy	Gallagher, Nathan

#16 Girls 200 Yard Freestyle Relay

1:50.59 VHSL

Team	Relay	Seed Time
1	BWHS-VA	A 1:45.87 VHSL
	Guessford, Elise SR	Mittan, Lizzy FR
	Haufler, Kristin FR	Hensley, Caleigh FR
2	LCHS-VA	A 1:47.53 VHSL
	Russell, Katie SO	Rivera, Elise SR
	Strange, Julie SR	Newton, Sophie SO
3	PFHS	A 1:49.50 VHSL
	Newton, Carson FR	Koontz, Leah JR
	Schmid, Jennifer SO	Kim, Elisa SR
4	BRHS-VA	A 1:49.51 VHSL
	Sarman, Anna	Johnston, Taryn
	Pasztor, Abby J	Ruttenberg, Caroline
5	GMHS-VA	A 1:50.25 VHSL
	Thirkill, Leah SO	Schmitt, Carolyn SO
	Estrada, Julia FR	Hamill, Karen SR

6	DHS	A	1:50.43	VHSL
	Ledwell, Kimmy SR	Mazurowski, Maura FR		
	Coulter, Sara FR	Carmack, Nikki N SR		
7	FHS-VA	A	1:52.61	
	Marshall, Alexie SR	Johnson, Katie FR		
	Mignone, Rebecca SO	Jeffreys, Lindsey JR		
8	PVHS-VA	A	1:52.73	
	Griffin, Brittany	Zentz, Sierra		
	Chelar, Julia	Jones, Courtney		

#17 Boys 100 Yard Backstroke

1:00.29 VHSL

Name	Yr	School	Seed Time
1	Leidy, Jacob	BRHS-VA	57.16 VHSL
2	Campbell, Nick	SO FHS-VA	58.59 VHSL
3	O'Hara, Aidan	FR DHS	1:00.33
4	Mignone, Thoma	SR FHS-VA	1:00.62
5	Wilkinson, Daryl	JR DHS	1:01.35
6	Larrabee, Rex	BRHS-VA	1:01.47
7	Cherry, Lucas	FR GMHS-VA	1:02.06
8	Guessford, Eric	SO BWHS-VA	1:03.52
9	Warner, Dane	JR GMHS-VA	1:04.31
10	Keevey, Coner	FR BWHS-VA	1:04.91
11	Vater, Steffen	JR BWHS-VA	1:04.98
12	Gibson, Joe	JR LCHS-VA	1:05.29
13	Deker, Grant	SO PFHS	1:06.60
14	French, Michael	PVHS-VA	1:07.29
15	Wareham, Jay	JR LCHS-VA	1:09.56
16	Johnson, Cory	BRHS-VA	1:10.41
17	McFarland, Gran	FR FHS-VA	1:10.69
18	Lloyd, Jeff	SR DHS	1:11.97
19	Thurston, Jonath	PVHS-VA	1:13.38
20	Kelly, Jason	JR PFHS	1:14.97
21	Garrison, Drew	SR GMHS-VA	1:15.08
22	Koss, Tyler	FR PFHS	1:15.42
23	Shipman, Max	FR LCHS-VA	1:18.03
24	Micheli, Matthev	PVHS-VA	1:30.58

#18 Girls 100 Yard Backstroke

1:05.79 VHSL

Name	Yr	School	Seed Time
1	Harvey, Carla	JR PFHS	1:03.13 VHSL
2	Hensley, Caleigh	FR BWHS-VA	1:03.45 VHSL
3	Newton, Sophie	SO LCHS-VA	1:03.69 VHSL
4	Clarke, Stephanie	SO FHS-VA	1:03.94 VHSL
5	Newton, Carson	FR PFHS	1:07.53
6	Royce, Jessica	JR DHS	1:07.72
7	Voyack, Megan	FR PFHS	1:08.72
8	Pasztor, Abby J	BRHS-VA	1:09.37
9	Chelar, Julia	PVHS-VA	1:10.83
10	Jordan, Gen	SO GMHS-VA	1:10.92
11	Johnston, Taryn	BRHS-VA	1:11.98
12	Mignone, Rebeck	SO FHS-VA	1:12.50
13	McGann, Sadie	SO BWHS-VA	1:13.37
14	Milenski, Katie	FR DHS	1:15.86
15	Moore, Nathalie	FR BWHS-VA	1:16.34
16	Curtin, Brenna	FR FHS-VA	1:17.57
17	McGrath, Kelly	SR LCHS-VA	1:20.18
18	Butler, Juliana	FR GMHS-VA	1:20.48
19	Thirkill, Ruth	SO GMHS-VA	1:20.68
20	Rexroad, Sarah k	SO LCHS-VA	1:21.33
21	Casey, Kat	BRHS-VA	1:21.68
22	Tirella, Nicole	FR DHS	1:22.53

23	Blake, Samantha	PVHS-VA	1:31.08
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#19 Boys 100 Yard Breaststroke

1:07.29 VHSL

Name	Yr	School	Seed Time
1	Koenig, Jake	SO LCHS-VA	1:07.09 VHSL
2	Farley, Chris	SR BWHS-VA	1:07.24 VHSL
3	Foley, Eoghan	SO PFHS	1:07.54
4	Poltash, Mike L	BRHS-VA	1:09.28
5	Clark, Cort	SO LCHS-VA	1:10.03
6	Parker, Sam	SR GMHS-VA	1:10.13
7	Gaiteri, Devon	JR FHS-VA	1:10.46
8	Smith, Andrew	SO FHS-VA	1:11.10
9	Johnson, Matthev	SO PFHS	1:11.29
10	Thomas, Garrett	JR BWHS-VA	1:11.53
11	Ramsey, Kyle	JR DHS	1:12.06
12	Burkel, David	PVHS-VA	1:13.11
13	Farrell, Vic V	SR FHS-VA	1:13.43
14	Balkus, Joe	SR BWHS-VA	1:14.13
15	Bailey, Max	BRHS-VA	1:14.97
16	Romano, Erik	BRHS-VA	1:15.05
17	Nour, Ryan	JR DHS	1:15.98
18	Donovan, Adam	FR DHS	1:16.12
19	Frazier, Kyle	SR LCHS-VA	1:18.35
20	Cashin, Sam	SO GMHS-VA	1:18.69
21	Waters, Samuel	JR GMHS-VA	1:19.63
22	Neary, Mat	SR PFHS	1:25.57
23	Gehrmeyer, Jona	PVHS-VA	1:29.89
24	Monroy, Dennis	PVHS-VA	1:34.55

#20 Girls 100 Yard Breaststroke

1:14.99 VHSL

Name	Yr	School	Seed Time
1	Staffen, Ariana	FR PFHS	1:12.20 VHSL
2	Ruttenberg, Caro	BRHS-VA	1:13.05 VHSL
3	Smith, Amanda	SR FHS-VA	1:14.67 VHSL
4	Mittan, Lizzy	FR BWHS-VA	1:15.58
5	Schmitt, Carolyn	SO GMHS-VA	1:16.03
6	Ayers, Taylor	SR PFHS	1:17.19
7	Swanson, Amanc	BRHS-VA	1:17.42
8	Johnson, Katie	FR FHS-VA	1:18.63
9	Rivera, Adrienne	FR LCHS-VA	1:18.68
10	Herdon, Vallie	SR BWHS-VA	1:19.48
11	Ledwell, Kimmy	SR DHS	1:20.56
12	Farley, Allie	FR BWHS-VA	1:21.73
13	Carmack, Nikki l	SR DHS	1:21.93
14	Bellamah, Miran	FR DHS	1:22.66
15	Armstrong, Ama	SO LCHS-VA	1:24.91
16	Estrada, Eva	SO GMHS-VA	1:25.32
17	Anderegg, Jen	PVHS-VA	1:26.41
18	Wieczorek, Morę	JR FHS-VA	1:26.82
19	Bell, Emily	FR GMHS-VA	1:27.20
20	Simlot, Shruti	FR PFHS	1:28.60
21	Davis, Katie	BRHS-VA	1:28.81
22	White, Anna	FR LCHS-VA	1:29.04
23	Johnston, Tullia	PVHS-VA	1:35.89
24	Reinhold, Sarah	PVHS-VA	1:46.90

Dulles District Championships - 2/5/2010
Psych Sheet

#21 Boys 400 Yard Freestyle Relay

3:39.89 VHSL			
Team	Relay	Seed Time	
1 BRHS-VA	A	3:27.79	VHSL
Leidy, Jacob		Lucas, Cameron R	
Horback, Alan R		Sarman, Mark C	
2 BWHS-VA	A	3:35.15	VHSL
Farley, Chris SR		Guessford, Eric SO	
Mardock, Philip JR		Mason, Nick SR	
3 LCHS-VA	A	3:35.92	VHSL
Koenig, Jake SO		Clark, Cort SO	
McCord, Nick FR		Shoemaker, Will SR	
4 PFHS	A	3:39.79	VHSL
Ternovski, Alex SR		Hurrell, Sean FR	
Jamison, Riley SO		Foley, Eoghan SO	
5 GMHS-VA	A	3:40.49	
Doty, Will JR		Cherry, Lucas FR	
Valentino, Alex SO		Butler, Sam JR	
6 DHS	A	3:42.42	
O'Hara, Aidan FR		Jakab, Brandon FR	
Boyd, Austin JR		Wolsky, Derek SR	
7 FHS-VA	A	3:57.43	
Campbell, Nick SO		Crampton, Chris JR	
Duran, Ozan JR		Harmon, Michael FR	
8 PVHS-VA	A	4:00.59	
Ford, Josh		Gehrmeyer, Jonas	
Horvath, Jake		Strickland, Zachary	

#22 Girls 400 Yard Freestyle Relay

4:05.39 VHSL			
Team	Relay	Seed Time	
1 BWHS-VA	A	3:45.76	VHSL
Guessford, Elise SR		Mittan, Lizzy FR	
Atkinson, Kelsey SR		Haufler, Alli SO	
2 LCHS-VA	A	4:01.01	VHSL
Russell, Katie SO		Rivera, Elise SR	
Strange, Julie SR		Newton, Sophie SO	
3 PFHS	A	4:03.90	VHSL
Harvey, Carla JR		Werner, Bridget JR	
Kim, Elisa SR		Staffen, Ariana FR	
4 BRHS-VA	A	4:03.91	VHSL
Johnston, Taryn		Sherman, Sara	
Tashjian, Jenny		Swanson, Amanda	
5 GMHS-VA	A	4:07.36	
Estrada, Julia FR		Pierce, Alicia JR	
Hamill, Karen SR		Frank, Kelley SR	
6 FHS-VA	A	4:12.70	
Clarke, Stephanie SO		Gaetjen, Amanda SO	
Marshall, Alexie SR		Moffitt, Rachel JR	
7 DHS	A	4:15.94	
Royce, Jessica JR		Rehman, Aliya SR	
Coulter, Sara FR		Marks, Jalyn SO	
8 PVHS-VA	A	4:17.30	
Zentz, Sierra		Johnston, Tullia	
Anderegg, Jen		Goodwin, Michelle	