

**Region Swim and Dive 2010 - 2/2/2010 to 2/6/2010**  
**Northern Region Swim/Dive Championships 2010**  
**Held at Oak Marr Recreation Center**  
**Psych Sheet**

**Event 1 Boys 200 Yard Medley Relay****Reg. Record: 1:35.09 2/14/2009****Oakton High School****Oakton-VA****M Hallock, K Park, Z Smith, C Megaw****State Cut: 1:41.69****AA Consid.: 1:38.50****AA Auto: 1:37.02**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Oakton High School		1:36.60	_____	_____
2	Langley High School		1:36.82	_____	_____
3	W.T. Woodson High School		1:38.19	_____	_____
4	Westfield Bulldogs		1:39.71	_____	_____
5	Thomas Jefferson High School		1:40.32	_____	_____
6	South County Secondary School		1:41.40	_____	_____
7	Robinson Secondary School		1:41.44	_____	_____
8	Herndon Hornets		1:41.45	_____	_____
9	Lake Braddock Secondary		1:41.83	_____	_____
10	West Springfield High School		1:41.89	_____	_____
11	Fairfax High School		1:42.00	_____	_____
12	Annandale High School		1:42.15	_____	_____
13	Washington-Lee High School		1:42.15	_____	_____
14	Chantilly High School		1:42.37	_____	_____
15	South Lakes High School		1:42.39	_____	_____
16	James Madison High School		1:43.57	_____	_____
17	McLean High School		1:44.09	_____	_____
18	George C Marshall High School		1:44.13	_____	_____
19	Yorktown High School		1:44.64	_____	_____
20	West Potomac High School		1:46.22	_____	_____
21	Thomas A. Edison High School		1:47.84	_____	_____
22	Centreville High School		1:48.21	_____	_____
23	J.E.B. Stuart High School		1:48.68	_____	_____
24	Hayfield Secondary		1:49.09	_____	_____
25	Mount Vernon High School		1:51.25	_____	_____

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**Event 2 Girls 200 Yard Medley Relay****Reg. Record: 1:46.80 2/14/2009****Fairfax High School****Fairfax****L Gehrke, E Baumgardner, J DeOrnellas, T Harvey****State Cut: 1:53.59****AA Consid.: 1:50.85****AA Auto: 1:49.01**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Robinson Secondary School		1:50.69	_____	_____
2	West Springfield High School		1:50.81	_____	_____
3	McLean High School		1:51.31	_____	_____
4	Lake Braddock Secondary		1:51.46	_____	_____
5	W.T. Woodson High School		1:51.49	_____	_____
6	Centreville High School		1:51.98	_____	_____
7	Oakton High School		1:52.17	_____	_____
8	Yorktown High School		1:52.24	_____	_____
9	Langley High School		1:52.80	_____	_____
10	Herndon Hornets		1:53.17	_____	_____
11	James Madison High School		1:53.28	_____	_____
12	Westfield Bulldogs		1:54.91	_____	_____
13	Chantilly High School		1:55.14	_____	_____
14	Fairfax High School		1:55.20	_____	_____
15	West Potomac High School		1:55.60	_____	_____
16	Thomas Jefferson High School		1:55.81	_____	_____
17	South County Secondary School		1:57.18	_____	_____
18	Stone Bridge High School		1:58.00	_____	_____
19	Falls Church High School		1:59.08	_____	_____
20	Annandale High School		1:59.79	_____	_____
21	Mount Vernon High School		2:03.92	_____	_____
22	Washington-Lee High School		2:04.05	_____	_____
23	Thomas A. Edison High School		2:05.56	_____	_____
24	Hayfield Secondary		2:07.40	_____	_____

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**Event 3 Boys 200 Yard Freestyle**

**Reg. Record: 1:40.02 2/14/2009 Bradley Phillips Oakton-VA**  
**State Cut: 1:46.59**  
**AA Consid.: 1:42.97**  
**AA Auto: 1:41.46**

	Name	Year	School	Seed Time	Prelim Time	Place
1	Phillips, Bradley	SR	Oakton High School	1:41.73	_____	_____
2	Crawford, Freddy	SR	Washington-Lee High School	1:43.02	_____	_____
3	Pennington, Adam	SR	James Madison High School	1:43.21	_____	_____
4	Seliskar, Stephen	SO	Thomas Jefferson High School	1:43.39	_____	_____
5	Natal, Ryan	SO	Langley High School	1:43.71	_____	_____
6	Kiss, Balazs	SR	Thomas A. Edison High School	1:44.31	_____	_____
7	Putnam, Charlie	JR	McLean High School	1:45.02	_____	_____
8	Keith, Charlie	JR	Westfield Bulldogs	1:45.48	_____	_____
9	Chestnut, Michael	SR	W.T. Woodson High School	1:45.63	_____	_____
10	Boster, Cameron	JR	Robinson Secondary School	1:45.85	_____	_____
11	Via, Brian	SR	Herndon Hornets	1:45.95	_____	_____
12	Hashemi, Cyrus	SO	George C Marshall High School	1:46.13	_____	_____
13	Camozzo, Danny	SR	Herndon Hornets	1:46.93	_____	_____
14	Grimmett-Norris, Mike	SR	South Lakes High School	1:47.24	_____	_____
15	McKenzie, John	JR	Lake Braddock Secondary School	1:47.89	_____	_____
16	Dona, Alex	SR	Thomas Jefferson High School	1:48.21	_____	_____
17	Hirka, George	SR	George C Marshall High School	1:48.41	_____	_____
18	Fenninger, Tom	SO	James Madison High School	1:48.75	_____	_____
19	Williams, Ryan	JR	Herndon Hornets	1:48.99	_____	_____
20	Cudahy, Conor	FR	Herndon Hornets	1:49.48	_____	_____
21	Patteson, Austin	JR	Fairfax High School	1:49.56	_____	_____
22	Chartier, Colin		W.T. Woodson High School	1:49.71	_____	_____
23	Bumiller, Kyle	JR	Robinson Secondary School	1:50.09	_____	_____
24	Case, David	SR	Langley High School	1:50.40	_____	_____
25	Pilcher, Dane	SO	South Lakes High School	1:51.10	_____	_____
26	Howe, Alex	SR	Falls Church High School	1:52.13	_____	_____
27	Jones, Tyler	JR	South County Secondary School	1:52.40	_____	_____
28	Verheul, Dirk	JR	W.T. Woodson High School	1:53.05	_____	_____
29	Jordan, Michael	JR	R. E. Lee High School	1:53.59	_____	_____
30	Fish, Max	FR	Yorktown High School	1:55.11	_____	_____
31	Lemek, Gregory	SO	Washington-Lee High School	2:01.04	_____	_____
32	Bulir, David	JR	Thomas A. Edison High School	2:02.03	_____	_____

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**Event 4 Girls 200 Yard Freestyle**

**Reg. Record:** 1:50.65 2/2/2008  
**State Cut:** 1:57.09  
**AA Consid.:** 1:52.99  
**AA Auto:** 1:51.28

Molly Emery

Lake Braddock

	Name	Year	School	Seed Time	Prelim Time	Place
1	Katis, Jayme	JR	Langley High School	1:55.44	_____	_____
2	Ferris, Brenna	SO	Chantilly High School	1:56.32	_____	_____
3	Staniszewski, Dylan	FR	Oakton High School	1:57.34	_____	_____
4	Dodson, Kathleen	FR	Robinson Secondary School	1:57.35	_____	_____
5	Kellan, Laura	FR	James Madison High School	1:58.03	_____	_____
6	Cudahy, Molly	JR	Herndon Hornets	1:58.11	_____	_____
7	Walsh, Courtney	SR	South County Secondary School	1:59.34	_____	_____
8	Shaw, Maggie	SO	Chantilly High School	1:59.40	_____	_____
9	Romano, Stephanie	SO	Yorktown High School	1:59.58	_____	_____
10	Smith, Alison	JR	South County Secondary School	1:59.68	_____	_____
11	Merkel, Molly	JR	Yorktown High School	2:00.22	_____	_____
12	McGarry, Alyssa	SO	Lake Braddock Secondary School	2:00.68	_____	_____
13	Baker, Tori	JR	Robinson Secondary School	2:01.03	_____	_____
14	Kellogg, Kimberly	SO	West Springfield High School	2:01.05	_____	_____
15	Banks, Tara	SR	Westfield Bulldogs	2:01.09	_____	_____
16	Rice, Carolyn	SO	Westfield Bulldogs	2:01.17	_____	_____
17	Graves, Molly	SO	Mount Vernon High School	2:01.36	_____	_____
18	Dobrenz, Bev	JR	James Madison High School	2:01.63	_____	_____
19	Harlow, Adrienne	SO	McLean High School	2:02.33	_____	_____
20	Belilos, Ellie	FR	Yorktown High School	2:03.58	_____	_____
21	Ogren, Carly	SR	Lake Braddock Secondary School	2:03.74	_____	_____
22	Vazquez-Ramos, Carla	JR	Yorktown High School	2:03.77	_____	_____
23	Elliott, Mary	FR	Langley High School	2:03.94	_____	_____
24	Nirenberg, Katherine	SO	West Springfield High School	2:05.97	_____	_____
25	Snee, Nora	JR	J.E.B. Stuart High School	2:08.20	_____	_____

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**Event 5 Boys 200 Yard IM****Reg. Record: 1:50.75 2/14/2009 Sean Fletcher****Madison****State Cut: 1:59.99****AA Consid.: 1:55.96****AA Auto: 1:54.02**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Katis, Chuck	JR	Langley High School	1:51.97	_____	_____
2	Park, KJ	SR	Oakton High School	1:54.10	_____	_____
3	Fiala, cj	JR	Westfield Bulldogs	1:55.90	_____	_____
4	Richards, Stephen	SR	Langley High School	1:56.66	_____	_____
5	Xue, Richard	SO	Westfield Bulldogs	1:57.59	_____	_____
6	Baumgardner, Jake	SR	Fairfax High School	1:58.56	_____	_____
7	Rothschild, Brian	SO	Chantilly High School	1:58.79	_____	_____
8	Owens, Evan	FR	James Madison High School	2:00.18	_____	_____
9	Huston, Jake	SR	Washington-Lee High School	2:00.51	_____	_____
10	Fiala, Brandon	FR	Westfield Bulldogs	2:00.74	_____	_____
11	Nyce, Andrew	SO	George C Marshall High School	2:01.27	_____	_____
12	Nickley, Sean	SR	West Springfield High School	2:01.62	_____	_____
13	Shim, Johann	FR	Robinson Secondary School	2:01.89	_____	_____
14	Mattis, Mark	JR	West Potomac High School	2:02.19	_____	_____
15	Giroux, Quinn	SR	Fairfax High School	2:02.74	_____	_____
16	Dost, Kyle	JR	South County Secondary School	2:02.93	_____	_____
17	Phung, Eric	JR	West Springfield High School	2:03.12	_____	_____
18	Essig, Matthew	JR	Yorktown High School	2:03.25	_____	_____
19	Maquera, David	JR	Lake Braddock Secondary School	2:03.34	_____	_____
20	Rieling, Conor	SR	Langley High School	2:03.65	_____	_____
21	Johnson, Patrick	SR	Fairfax High School	2:04.08	_____	_____
22	Bass, Eli	SO	J.E.B. Stuart High School	2:04.64	_____	_____
23	Johnson, Alex	SR	Annandale High School	2:05.17	_____	_____
24	Zajic, Ben	JR	Robinson Secondary School	2:05.85	_____	_____
25	Kane, Jesse	FR	Falls Church High School	2:05.91	_____	_____
26	DeSatnick, Joel	FR	Hayfield Secondary	2:06.87	_____	_____
27	Hansen, Erik	SR	W.T. Woodson High School	2:07.68	_____	_____
28	Allen, Matthew	SR	Washington-Lee High School	2:16.45	_____	_____
29	Linek, Jimmy	JR	Yorktown High School	2:17.17	_____	_____

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**Event 6 Girls 200 Yard IM**

**Reg. Record:** 2:01.06 2/2/2008  
**State Cut:** 2:12.69  
**AA Consid.:** 2:07.60  
**AA Auto:** 2:05.37

Ashley Danner

Lake Braddock

	Name	Year	School	Seed Time	Prelim Time	Place
1	Pawlowicz, Kaitlin	JR	Oakton High School	2:07.33	_____	_____
2	Schwartz, Laura	FR	Falls Church High School	2:09.00	_____	_____
3	Canty, Rachel	SO	Robinson Secondary School	2:13.49	_____	_____
4	Ream, Brooke	SR	Oakton High School	2:13.99	_____	_____
5	Walsh, MacKenzie	SO	South County Secondary School	2:14.51	_____	_____
6	Cox, Abigail	SO	T.C. Williams High School	2:14.62	_____	_____
7	Bott, Becca	SR	Robinson Secondary School	2:14.66	_____	_____
8	Ortmayer, Abigail	SR	Yorktown High School	2:14.92	_____	_____
9	Springsteen, Annie	FR	McLean High School	2:15.03	_____	_____
10	Bennett, Katie	SO	Thomas Jefferson High School	2:15.13	_____	_____
11	Sennett, Emily	SO	South Lakes High School	2:15.26	_____	_____
12	Sieracki, Kathryn	JR	West Springfield High School	2:15.69	_____	_____
13	Brazier, Robin	JR	Herndon Hornets	2:15.78	_____	_____
14	Callahan, Kristen	SR	Oakton High School	2:16.44	_____	_____
15	Higinbotham, Sierra	SO	Westfield Bulldogs	2:16.84	_____	_____
16	Canty, Christine	SR	Robinson Secondary School	2:16.90	_____	_____
17	Yost, Becca	JR	Chantilly High School	2:16.96	_____	_____
18	Queen, Alli	FR	James Madison High School	2:17.14	_____	_____
19	Rogers, Rachel	SO	W.T. Woodson High School	2:18.85	_____	_____
20	Springsteen, Ellie	SO	McLean High School	2:19.22	_____	_____
21	Fletcher, Sami	SO	James Madison High School	2:19.32	_____	_____
22	Young, Abigail	FR	Yorktown High School	2:19.46	_____	_____
23	Sanner, Haley	JR	Yorktown High School	2:25.34	_____	_____
24	Wamsted, Annemarie	JR	Yorktown High School	2:25.67	_____	_____
25	Thompson, Bridget	FR	Mount Vernon High School	2:32.78	_____	_____

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**Event 7 Boys 50 Yard Freestyle**

**Reg. Record:** 20.66 2/14/2009 **Robbie Parker** **Madison**  
**State Cut:** 22.29  
**AA Consid.:** 21.48  
**AA Auto:** 21.15

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Munch, Ricky	JR	Robinson Secondary School	21.39	_____	_____
2	Vest, Kevin	SR	W.T. Woodson High School	21.40	_____	_____
3	Kelly, Joey	SR	Fairfax High School	21.52	_____	_____
4	Callahan, Matt	SR	Thomas Jefferson High School	21.84	_____	_____
5	Johnston, Bradley	FR	Chantilly High School	22.03	_____	_____
6	Germanis, Johnny	JR	Centreville High School	22.09	_____	_____
7	Lauri, Travis	JR	Fairfax High School	22.21	_____	_____
8	Chalfant, Daniel	SR	West Potomac High School	22.47	_____	_____
9	Bouchard, Joey	SR	Thomas Jefferson High School	22.50	_____	_____
10	Fallavollita, David	JR	James Madison High School	22.50	_____	_____
11	Pivik, Chris	SR	Langley High School	22.53	_____	_____
12	Heilbronner, Brian	JR	Hayfield Secondary	22.62	_____	_____
13	Chewning, Troy	JR	Lake Braddock Secondary School	22.76	_____	_____
14	Garstka, Matthew	SO	West Springfield High School	22.83	_____	_____
15	Borowski, Greg	SR	Chantilly High School	22.86	_____	_____
16	Stephenson, Colin	SO	West Springfield High School	22.87	_____	_____
17	Blincoe, David	SR	Falls Church High School	22.87	_____	_____
18	Robbins, Steven	JR	Oakton High School	22.89	_____	_____
19	Wander, Connor	SR	W.T. Woodson High School	22.92	_____	_____
20	Polito, Christian	SR	Herndon Hornets	23.01	_____	_____
21	Doyle, Brendan	SR	Mount Vernon High School	23.12	_____	_____
22	Pennie, Jackson	SR	Thomas A. Edison High School	23.27	_____	_____
23	Propers, Fabian	JR	Yorktown High School	23.37	_____	_____
24	Rowcliffe, Christian	SO	J.E.B. Stuart High School	23.51	_____	_____

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**Event 8 Girls 50 Yard Freestyle**

**Reg. Record:** 23.51 2/14/2009 Amanda Kendall Robinson-  
**State Cut:** 24.59  
**AA Consid.:** 24.12  
**AA Auto:** 23.81

Name	Year	School	Seed Time	Prelim Time	Place
1 Speers, Abi	FR	Langley High School	24.47	_____	_____
2 Molano, Carli	SO	Westfield Bulldogs	24.54	_____	_____
3 Dona, Reanna	SO	West Potomac High School	24.58	_____	_____
4 Walden, Hannah	SR	Robinson Secondary School	24.66	_____	_____
5 Moffitt, Hellen	FR	West Potomac High School	24.85	_____	_____
6 Wilkinson, Quinn	SR	Oakton High School	24.90	_____	_____
7 Wolla, Kaitlin	SR	Yorktown High School	25.12	_____	_____
8 Leake, Natalie		Centreville High School	25.15	_____	_____
9 Lesniewski, Susie	SR	Centreville High School	25.17	_____	_____
10 King, Jill	JR	W.T. Woodson High School	25.31	_____	_____
11 Avery, Taylor	JR	Centreville High School	25.32	_____	_____
12 Betro, Courtney	SO	South County Secondary School	25.43	_____	_____
13 Howard, Megan	JR	Langley High School	25.43	_____	_____
14 O'Reilly, Katarina	SR	James Madison High School	25.43	_____	_____
15 Fan, Betty	SO	W.T. Woodson High School	25.49	_____	_____
16 Pollock, Apple	SO	Stone Bridge High School	25.57	_____	_____
17 Parry, Taylor	SO	Lake Braddock Secondary School	25.63	_____	_____
18 Yensen, Katie	JR	McLean High School	25.69	_____	_____
19 McCranie, Abby	FR	Centreville High School	25.76	_____	_____
20 Hagy, Hannah	SO	West Springfield High School	25.77	_____	_____
21 Carpenter, Lydia	JR	Yorktown High School	25.80	_____	_____
22 Carpenter, Ann	JR	Yorktown High School	25.92	_____	_____
23 Rodgers, Maggie	SO	W.T. Woodson High School	25.97	_____	_____
24 Hopke, Brooke	JR	Thomas A. Edison High School	26.00	_____	_____
25 Zolper, Liz	JR	James Madison High School	26.11	_____	_____
26 Hinkle, Carly	SR	Yorktown High School	26.21	_____	_____
27 Dombroski, Clara	JR	Falls Church High School	26.67	_____	_____

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**Event 11 Boys 100 Yard Butterfly****Reg. Record: 47.29 2/14/2009 Sean Fletcher****Madison****State Cut: 53.79****AA Consid.: 51.72****AA Auto: 50.80**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Natal, Ryan	SO	Langley High School	51.69	_____	_____
2	Ratchiff, Kurtis	JR	Westfield Bulldogs	52.13	_____	_____
3	Herrmann, Michael	SO	South County Secondary School	52.41	_____	_____
4	Dillon, Brad	SR	South Lakes High School	52.53	_____	_____
5	Patteson, Austin	JR	Fairfax High School	52.87	_____	_____
6	Baffer, Braden	SR	W.T. Woodson High School	52.88	_____	_____
7	Keith, Charlie	JR	Westfield Bulldogs	52.99	_____	_____
8	Dallmeier, Diet	SR	W.T. Woodson High School	53.13	_____	_____
9	Hu, Philip	FR	Oakton High School	53.23	_____	_____
10	Tyrrell, Kyle	JR	Annandale High School	53.68	_____	_____
11	Dona, Alex	SR	Thomas Jefferson High School	54.01	_____	_____
12	Smith, Zach	SR	Oakton High School	54.09	_____	_____
13	Germanis, Johnny	JR	Centreville High School	54.13	_____	_____
14	Bumiller, Kyle	JR	Robinson Secondary School	54.23	_____	_____
15	Laffosse, Nicolas	JR	Lake Braddock Secondary School	54.34	_____	_____
16	Robbins, Steven	JR	Oakton High School	54.69	_____	_____
17	Fallavollita, David	JR	James Madison High School	54.79	_____	_____
18	Scibilia, Tommy	SR	Fairfax High School	55.03	_____	_____
19	Hirka, George	SR	George C Marshall High School	55.03	_____	_____
20	Stephenson, Colin	SO	West Springfield High School	55.06	_____	_____
21	Chestnut, Eric	SO	W.T. Woodson High School	55.14	_____	_____
22	Kane, Jesse	FR	Falls Church High School	55.26	_____	_____
23	Rieling, Conor	SR	Langley High School	55.41	_____	_____
24	Mayer, Sean	SO	West Springfield High School	55.46	_____	_____
25	Zapple, Chris	SR	J.E.B. Stuart High School	56.03	_____	_____
26	Weinberg, Alex	JR	Mount Vernon High School	1:00.12	_____	_____
27	Cook, Tyler	JR	Washington-Lee High School	1:02.91	_____	_____
28	Condron, Collin	SR	Yorktown High School	1:03.16	_____	_____

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**Event 12 Girls 100 Yard Butterfly****Reg. Record: 55.01 2/1986****Michelle Griglione****T.C. Williams****State Cut: 59.39****AA Consid.: 57.50****AA Auto: 56.57**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Wolla, Kaitlin	SR	Yorktown High School	56.71	_____	_____
2	Pawlowicz, Kaitlin	JR	Oakton High School	57.28	_____	_____
3	Dodson, Kathleen	FR	Robinson Secondary School	57.89	_____	_____
4	Moffitt, Hellen	FR	West Potomac High School	58.38	_____	_____
5	Sennett, Emily	SO	South Lakes High School	59.67	_____	_____
6	Overend, Meghan	JR	Langley High School	59.98	_____	_____
7	Avery, Taylor	JR	Centreville High School	1:00.06	_____	_____
8	McGarry, Christina	SR	Lake Braddock Secondary School	1:00.27	_____	_____
9	Parry, Jordan	SO	Lake Braddock Secondary School	1:00.27	_____	_____
10	Howard, Megan	JR	Langley High School	1:00.32	_____	_____
11	Didawick, Amanda	FR	Yorktown High School	1:00.52	_____	_____
12	Parry, Taylor	SO	Lake Braddock Secondary School	1:00.57	_____	_____
13	Lauer, Kristen	SR	W.T. Woodson High School	1:00.72	_____	_____
14	Harlow, Margaret	SR	McLean High School	1:00.79	_____	_____
15	Jessen, Annika	SR	Annandale High School	1:01.09	_____	_____
16	Yi, Lauren	FR	West Springfield High School	1:01.21	_____	_____
17	Crews, Gillian	FR	Oakton High School	1:01.43	_____	_____
18	Rogers, Rachel	SO	W.T. Woodson High School	1:01.90	_____	_____
19	Lewan, Elizabeth	SR	Robinson Secondary School	1:02.43	_____	_____
20	Mottola, Lindsay	JR	James Madison High School	1:02.79	_____	_____
21	Dillinger, Natalie	FR	Fairfax High School	1:02.80	_____	_____
22	Leheney, Emma	JR	Yorktown High School	1:02.92	_____	_____
23	Graupp, Sarah	JR	Chantilly High School	1:03.20	_____	_____
24	Thompson, Bridget	FR	Mount Vernon High School	1:07.79	_____	_____
25	Curtis, Kristen	JR	Hayfield Secondary	1:08.92	_____	_____
26	Jagoe, Deborah	FR	J.E.B. Stuart High School	1:09.86	_____	_____

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**Event 13 Boys 100 Yard Freestyle**

**Reg. Record:** 45.28 2/1987  
**State Cut:** 48.79  
**AA Consid.:** 46.98  
**AA Auto:** 46.35

Charles Cline

Wakefield

	Name	Year	School	Seed Time	Prelim Time	Place
1	Crawford, Freddy	SR	Washington-Lee High School	47.60	_____	_____
2	Kelly, Joey	SR	Fairfax High School	47.80	_____	_____
3	Vest, Kevin	SR	W.T. Woodson High School	48.09	_____	_____
4	Rothschild, Brian	SO	Chantilly High School	48.46	_____	_____
5	Osiecki, Matt	JR	Robinson Secondary School	48.59	_____	_____
6	Owens, Evan	FR	James Madison High School	48.91	_____	_____
7	Boster, Cameron	JR	Robinson Secondary School	49.08	_____	_____
8	Lauri, Travis	JR	Fairfax High School	49.30	_____	_____
9	Fenninger, Tom	SO	James Madison High School	49.61	_____	_____
10	Heilbronner, Brian	JR	Hayfield Secondary	49.66	_____	_____
11	Megaw, Chris	SO	Oakton High School	49.75	_____	_____
12	Ilgenfritz, Bo	SO	W.T. Woodson High School	49.86	_____	_____
13	Johnston, Bradley	FR	Chantilly High School	49.93	_____	_____
14	Chewning, Troy	JR	Lake Braddock Secondary School	49.93	_____	_____
15	Polito, Christian	SR	Herndon Hornets	50.07	_____	_____
16	Phung, Eric	JR	West Springfield High School	50.10	_____	_____
17	Essig, Matthew	JR	Yorktown High School	50.34	_____	_____
18	Blincoe, David	SR	Falls Church High School	50.37	_____	_____
19	Rowcliffe, Christian	SO	J.E.B. Stuart High School	51.06	_____	_____
20	Jordan, Michael	JR	R. E. Lee High School	51.23	_____	_____
21	Levine, Brian	SR	W.T. Woodson High School	51.29	_____	_____
22	Pennie, Jackson	SR	Thomas A. Edison High School	52.21	_____	_____

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**Event 14 Girls 100 Yard Freestyle**

**Reg. Record: 50.98 2/14/2009 Amanda Kendall Robinson-**  
**State Cut: 53.89**  
**AA Consid.: 52.39**  
**AA Auto: 51.62**

	Name	Year	School	Seed Time	Prelim Time	Place
1	Molano, Carli	SO	Westfield Bulldogs	53.93	_____	_____
2	Katis, Jayme	JR	Langley High School	53.95	_____	_____
3	Walden, Hannah	SR	Robinson Secondary School	54.21	_____	_____
4	Speers, Abi	FR	Langley High School	54.26	_____	_____
5	Kellan, Laura	FR	James Madison High School	54.43	_____	_____
6	Greene, Eva	JR	McLean High School	54.57	_____	_____
7	Troncoso, Alessandra	SO	Lake Braddock Secondary School	54.91	_____	_____
8	King, Jill	JR	W.T. Woodson High School	55.20	_____	_____
9	Ward, Susan	SO	West Springfield High School	55.23	_____	_____
10	Walsh, Courtney	SR	South County Secondary School	55.35	_____	_____
11	Wilkinson, Quinn	SR	Oakton High School	55.63	_____	_____
12	Leake, Natalie		Centreville High School	55.63	_____	_____
13	Betro, Courtney	SO	South County Secondary School	55.90	_____	_____
14	Munch, Katie	FR	Robinson Secondary School	56.23	_____	_____
15	Lesniewski, Susie	SR	Centreville High School	56.40	_____	_____
16	Regan, Alexis	SR	Chantilly High School	56.47	_____	_____
17	Ferguson, Matty	FR	Fairfax High School	56.52	_____	_____
18	Slevin, Angela	JR	Yorktown High School	56.79	_____	_____
19	O'Reilly, Katarina	SR	James Madison High School	56.88	_____	_____
20	Yensen, Katie	JR	McLean High School	56.98	_____	_____
21	Hinkle, Carly	SR	Yorktown High School	57.84	_____	_____
22	Butler, Kathleen	FR	Yorktown High School	58.69	_____	_____
23	Langer, Sydney	FR	Falls Church High School	59.29	_____	_____
24	Sanderson, Sarah	JR	Mount Vernon High School	1:00.83	_____	_____

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**Event 15 Boys 500 Yard Freestyle****Reg. Record: 4:27.37 2/14/2009****Matthew Benecki****Chantilly-****State Cut: 4:50.99****AA Consid.: 4:39.82****AA Auto: 4:35.51**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Phillips, Bradley	SR	Oakton High School	4:32.14	_____	_____
2	Pennington, Adam	SR	James Madison High School	4:38.08	_____	_____
3	Camozzo, Danny	SR	Herndon Hornets	4:41.36	_____	_____
4	Kiss, Balazs	SR	Thomas A. Edison High School	4:41.84	_____	_____
5	Hashemi, Cyrus	SO	George C Marshall High School	4:42.83	_____	_____
6	Ratcliff, Kurtis	JR	Westfield Bulldogs	4:43.01	_____	_____
7	Via, Brian	SR	Herndon Hornets	4:44.26	_____	_____
8	Cudahy, Conor	FR	Herndon Hornets	4:50.29	_____	_____
9	Grimmett-Norris, Mike	SR	South Lakes High School	4:50.70	_____	_____
10	Bott, Joe	SO	Robinson Secondary School	4:51.24	_____	_____
11	Grimmit-Norris, Chris	FR	Chantilly High School	4:51.63	_____	_____
12	Zajic, Ben	JR	Robinson Secondary School	4:56.89	_____	_____
13	Williams, Ryan	JR	Herndon Hornets	4:56.97	_____	_____
14	Hutchison, Robert	JR	West Springfield High School	4:56.99	_____	_____
15	Kim, John	FR	Fairfax High School	4:57.66	_____	_____
16	Mattis, Mark	JR	West Potomac High School	4:57.67	_____	_____
17	LeDuc, Steve	JR	James Madison High School	4:57.87	_____	_____
18	Giroux, Quinn	SR	Fairfax High School	4:59.05	_____	_____
19	Pilcher, Dane	SO	South Lakes High School	5:01.59	_____	_____
20	Dost, Kyle	JR	South County Secondary School	5:01.86	_____	_____
21	Bass, Eli	SO	J.E.B. Stuart High School	5:02.13	_____	_____
22	Verheul, Dirk	JR	W.T. Woodson High School	5:02.74	_____	_____
23	Chartier, Colin		W.T. Woodson High School	5:03.04	_____	_____
24	Laffosse, Nicolas	JR	Lake Braddock Secondary School	5:03.39	_____	_____
25	Cosgrove, Michael	SR	Fairfax High School	5:04.00	_____	_____
26	Jones, Tyler	JR	South County Secondary School	5:06.43	_____	_____
27	Howe, Alex	SR	Falls Church High School	5:13.45	_____	_____
28	Tarkenton, Will	SO	Yorktown High School	5:29.10	_____	_____
29	Palmer, David	SO	Washington-Lee High School	5:32.13	_____	_____
30	Rogers, Will	SO	Falls Church High School	5:37.80	_____	_____

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**Event 16 Girls 500 Yard Freestyle****Reg. Record: 4:53.41 2/2/2008****Molly Emery****Lake Braddock****State Cut: 5:13.09****AA Consid.: 5:02.19****AA Auto: 4:57.24**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Schwartz, Laura	FR	Falls Church High School	5:07.86	_____	_____
2	Bott, Becca	SR	Robinson Secondary School	5:14.13	_____	_____
3	Ferris, Brenna	SO	Chantilly High School	5:15.64	_____	_____
4	Staniszewski, Dylan	FR	Oakton High School	5:15.67	_____	_____
5	Sieracki, Kathryn	JR	West Springfield High School	5:17.59	_____	_____
6	Shaw, Maggie	SO	Chantilly High School	5:19.96	_____	_____
7	Romano, Stephanie	SO	Yorktown High School	5:20.66	_____	_____
8	Dobrenz, Bev	JR	James Madison High School	5:21.26	_____	_____
9	Ream, Brooke	SR	Oakton High School	5:21.40	_____	_____
10	Baker, Tori	JR	Robinson Secondary School	5:21.59	_____	_____
11	Merkel, Molly	JR	Yorktown High School	5:21.93	_____	_____
12	Rice, Carolyn	SO	Westfield Bulldogs	5:22.73	_____	_____
13	Harlow, Margaret	SR	McLean High School	5:22.75	_____	_____
14	Harlow, Adrienne	SO	McLean High School	5:23.08	_____	_____
15	Brazier, Robin	JR	Herndon Hornets	5:23.81	_____	_____
16	Smith, Alison	JR	South County Secondary School	5:25.94	_____	_____
17	McGarry, Alyssa	SO	Lake Braddock Secondary School	5:26.18	_____	_____
18	Cox, Abigail	SO	T.C. Williams High School	5:26.22	_____	_____
19	Kellogg, Kimberly	SO	West Springfield High School	5:27.18	_____	_____
20	Elliott, Mary	FR	Langley High School	5:27.21	_____	_____
21	Hallock, Stephanie	SO	Oakton High School	5:28.81	_____	_____
22	Belilos, Ellie	FR	Yorktown High School	5:29.85	_____	_____
23	Dilworth, Mary Kate	SO	Thomas Jefferson High School	5:32.53	_____	_____
24	Vazquez-Ramos, Carla	JR	Yorktown High School	5:33.87	_____	_____
25	Nirenberg, Katherine	SO	West Springfield High School	5:34.05	_____	_____
26	Emerson, Ariane	JR	Lake Braddock Secondary School	5:37.34	_____	_____
27	Snee, Nora	JR	J.E.B. Stuart High School	5:42.00	_____	_____
28	Gent, Anne	FR	Langley High School	5:43.19	_____	_____
29	Hopler, Michelle	SO	South County Secondary School	5:45.57	_____	_____
30	Leidolf, Emily	JR	T.C. Williams High School	5:49.12	_____	_____
31	Cronin, Lindsay	JR	Washington-Lee High School	5:50.32	_____	_____

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**Event 17 Boys 200 Yard Freestyle Relay****Reg. Record: 1:25.07 2/14/2009****James Madison High School****Madison****State Cut: 1:30.79****AA Consid.: 1:28.29****AA Auto: 1:26.92**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Thomas Jefferson High School		1:27.96	_____	_____
2	Robinson Secondary School		1:28.04	_____	_____
3	Fairfax High School		1:28.49	_____	_____
4	James Madison High School		1:28.94	_____	_____
5	Langley High School		1:29.23	_____	_____
6	Oakton High School		1:29.24	_____	_____
7	W.T. Woodson High School		1:30.93	_____	_____
8	West Springfield High School		1:31.25	_____	_____
9	Westfield Bulldogs		1:31.52	_____	_____
10	Annandale High School		1:32.31	_____	_____
11	Lake Braddock Secondary		1:32.67	_____	_____
12	Falls Church High School		1:32.73	_____	_____
13	Yorktown High School		1:32.98	_____	_____
14	South County Secondary School		1:33.49	_____	_____
15	Washington-Lee High School		1:33.57	_____	_____
16	Centreville High School		1:33.80	_____	_____
17	South Lakes High School		1:34.41	_____	_____
18	Herndon Hornets		1:34.55	_____	_____
19	McLean High School		1:34.65	_____	_____
20	Thomas A. Edison High School		1:35.31	_____	_____
21	Chantilly High School		1:35.89	_____	_____
22	R. E. Lee High School		1:38.04	_____	_____
23	Mount Vernon High School		1:38.09	_____	_____
24	Wakefield High School		1:41.09	_____	_____

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**Event 18 Girls 200 Yard Freestyle Relay****Reg. Record: 1:36.61 2/14/2009****Fairfax High School****Fairfax****E Baumgardner, F Dowd, J DeOrnellas, T Harvey****State Cut: 1:42.69****AA Consid.: 1:39.64****AA Auto: 1:38.14**

	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Oakton High School	1:41.14	_____	_____
2	West Springfield High School	1:41.14	_____	_____
3	Langley High School	1:41.27	_____	_____
4	Robinson Secondary School	1:41.40	_____	_____
5	Centreville High School	1:41.91	_____	_____
6	Westfield Bulldogs	1:42.34	_____	_____
7	James Madison High School	1:42.38	_____	_____
8	Stone Bridge High School	1:42.92	_____	_____
9	Yorktown High School	1:43.13	_____	_____
10	W.T. Woodson High School	1:43.31	_____	_____
11	Lake Braddock Secondary	1:43.56	_____	_____
12	South County Secondary School	1:43.90	_____	_____
13	Chantilly High School	1:45.09	_____	_____
14	Fairfax High School	1:45.70	_____	_____
15	Thomas Jefferson High School	1:46.25	_____	_____
16	West Potomac High School	1:46.62	_____	_____
17	T.C. Williams High School	1:47.34	_____	_____
18	McLean High School	1:47.47	_____	_____
19	Herndon Hornets	1:47.88	_____	_____
20	Mount Vernon High School	1:50.37	_____	_____
21	J.E.B. Stuart High School	1:52.77	_____	_____
22	Falls Church High School	1:53.95	_____	_____
23	Thomas A. Edison High School	1:54.41	_____	_____
24	Hayfield Secondary	1:56.23	_____	_____

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**Event 19 Boys 100 Yard Backstroke**

**Reg. Record: 50.27 2/14/2009**  
**State Cut: 54.69**  
**AA Consid.: 52.90**  
**AA Auto: 51.92**

Michael Hallock

Oakton-VA

	Name	Year	School	Seed Time	Prelim Time	Place
1	Putnam, Charlie	JR	McLean High School	51.97	_____	_____
2	Hu, Philip	FR	Oakton High School	52.25	_____	_____
3	Dillon, Brad	SR	South Lakes High School	52.59	_____	_____
4	Tyrrell, Kyle	JR	Annandale High School	52.71	_____	_____
5	Osiecki, Matt	JR	Robinson Secondary School	53.73	_____	_____
6	Herrmann, Michael	SO	South County Secondary School	53.79	_____	_____
7	Callahan, Matt	SR	Thomas Jefferson High School	54.22	_____	_____
8	Maquera, David	JR	Lake Braddock Secondary School	54.33	_____	_____
9	Seliskar, Stephen	SO	Thomas Jefferson High School	54.46	_____	_____
10	Johnson, Patrick	SR	Fairfax High School	54.62	_____	_____
11	Megaw, Chris	SO	Oakton High School	54.97	_____	_____
12	Xue, Richard	SO	Westfield Bulldogs	55.32	_____	_____
13	Dallmeier, Diet	SR	W.T. Woodson High School	55.34	_____	_____
14	Baumgardner, Jake	SR	Fairfax High School	55.54	_____	_____
15	Chute, Austin	JR	James Madison High School	55.97	_____	_____
16	Mayer, Sean	SO	West Springfield High School	57.06	_____	_____
17	Glowacki, Matthew	FR	Westfield Bulldogs	57.26	_____	_____
18	Matthews, Christian	SR	Herndon Hornets	57.34	_____	_____
19	Hirka, Logan	SO	George C Marshall High School	57.44	_____	_____
20	Simon, Jackson	SO	James Madison High School	57.86	_____	_____
21	Chalfant, Daniel	SR	West Potomac High School	58.06	_____	_____
22	Allen, Matthew	SR	Washington-Lee High School	58.55	_____	_____
23	Zapple, Chris	SR	J.E.B. Stuart High School	59.36	_____	_____
24	Healy, Connor	JR	Yorktown High School	59.86	_____	_____
25	Bulir, David	JR	Thomas A. Edison High School	59.99	_____	_____
26	Linek, Jimmy	JR	Yorktown High School	1:00.80	_____	_____
27	Tarkenton, Will	SO	Yorktown High School	1:02.14	_____	_____

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**Event 20 Girls 100 Yard Backstroke**

**Reg. Record:** 56.21 2/14/2009 Eva Greene McLean  
**State Cut:** 1:00.39  
**AA Consid.:** 58.43  
**AA Auto:** 57.29

	Name	Year	School	Seed Time	Prelim Time	Place
1	Greene, Eva	JR	McLean High School	57.84	_____	_____
2	Dona, Reanna	SO	West Potomac High School	58.65	_____	_____
3	Canty, Christine	SR	Robinson Secondary School	1:00.72	_____	_____
4	Slevin, Angela	JR	Yorktown High School	1:00.92	_____	_____
5	Cudahy, Molly	JR	Herndon Hornets	1:00.95	_____	_____
6	Bennett, Katie	SO	Thomas Jefferson High School	1:01.07	_____	_____
7	Dombroski, Clara	JR	Falls Church High School	1:01.31	_____	_____
8	Ward, Susan	SO	West Springfield High School	1:01.32	_____	_____
9	Hyer, Leanne	JR	Oakton High School	1:01.77	_____	_____
10	Higinbotham, Sierra	SO	Westfield Bulldogs	1:02.01	_____	_____
11	Warrington, Reagan	FR	Westfield Bulldogs	1:02.33	_____	_____
12	Bui, Morgan	FR	W.T. Woodson High School	1:02.65	_____	_____
13	McGarry, Christina	SR	Lake Braddock Secondary School	1:02.75	_____	_____
14	Arzadon, Jasmine	JR	South County Secondary School	1:02.81	_____	_____
15	Finelli, Laura	SR	Robinson Secondary School	1:02.91	_____	_____
16	Young, Abigail	FR	Yorktown High School	1:03.00	_____	_____
17	Alloo, Sana	SR	Centreville High School	1:03.04	_____	_____
18	Overend, Meghan	JR	Langley High School	1:03.04	_____	_____
19	DeGooyer, Dani	JR	Stone Bridge High School	1:03.18	_____	_____
20	Doran, Ashley	SO	Oakton High School	1:03.32	_____	_____
21	Mottola, Lindsay	JR	James Madison High School	1:03.63	_____	_____
22	Leheney, Emma	JR	Yorktown High School	1:04.39	_____	_____
23	Kemmerer, Anne	FR	Langley High School	1:05.16	_____	_____
24	Lan, Anna	SR	Thomas Jefferson High School	1:05.34	_____	_____
25	Hopke, Brooke	JR	Thomas A. Edison High School	1:06.11	_____	_____
26	Nassetta, Mason	FR	Yorktown High School	1:07.28	_____	_____

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**Event 21 Boys 100 Yard Breaststroke****Reg. Record: 56.88 2/14/2009 KJ Park****Oakton-VA****State Cut: 1:01.49****AA Consid.: 59.40****AA Auto: 58.40**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Park, KJ	SR	Oakton High School	56.62	_____	_____
2	Katis, Chuck	JR	Langley High School	57.46	_____	_____
3	Munch, Ricky	JR	Robinson Secondary School	58.17	_____	_____
4	Richards, Stephen	SR	Langley High School	59.16	_____	_____
5	Huston, Jake	SR	Washington-Lee High School	59.26	_____	_____
6	Fiala, cj	JR	Westfield Bulldogs	1:00.46	_____	_____
7	Shim, Johann	FR	Robinson Secondary School	1:00.91	_____	_____
8	Chestnut, Michael	SR	W.T. Woodson High School	1:01.12	_____	_____
9	Fiala, Brandon	FR	Westfield Bulldogs	1:01.68	_____	_____
10	Nickley, Sean	SR	West Springfield High School	1:02.08	_____	_____
11	Ilgenfritz, Bo	SO	W.T. Woodson High School	1:02.43	_____	_____
12	Kheirandish, Pedrom	SR	South County Secondary School	1:02.67	_____	_____
13	Johnson, Alex	SR	Annandale High School	1:02.73	_____	_____
14	Santoro, Ryan	SO	Oakton High School	1:03.25	_____	_____
15	Nyce, Andrew	SO	George C Marshall High School	1:03.29	_____	_____
16	DeSatnick, Joel	FR	Hayfield Secondary	1:03.74	_____	_____
17	Anderson, Jacob	FR	West Springfield High School	1:04.05	_____	_____
18	Reed, Patrick	SR	James Madison High School	1:04.29	_____	_____
19	Crosswell, Greg	SR	Yorktown High School	1:04.37	_____	_____
20	Rossbach, Peter	SR	Fairfax High School	1:04.74	_____	_____
21	Brown, Stewart	JR	Washington-Lee High School	1:04.74	_____	_____
22	Kim, Eric	FR	James Madison High School	1:04.84	_____	_____
23	Karras, Will	SR	Westfield Bulldogs	1:04.97	_____	_____
24	Fish, Max	FR	Yorktown High School	1:06.56	_____	_____
25	Clingaman, Michael	JR	Falls Church High School	1:07.68	_____	_____

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**Event 22 Girls 100 Yard Breaststroke****Reg. Record: 1:00.49 2/2/2008****Ashley Danner****Lake Braddock****State Cut: 1:08.49****AA Consid.: 1:06.28****AA Auto: 1:05.03**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Won, SinHye	SR	West Springfield High School	1:04.35	_____	_____
2	VanCamp, Jenna	SO	Herndon Hornets	1:07.07	_____	_____
3	Canty, Rachel	SO	Robinson Secondary School	1:07.17	_____	_____
4	Ferguson, Matty	FR	Fairfax High School	1:07.35	_____	_____
5	Ortmayer, Abigail	SR	Yorktown High School	1:07.92	_____	_____
6	Troncoso, Alessandra	SO	Lake Braddock Secondary School	1:08.09	_____	_____
7	Yost, Becca	JR	Chantilly High School	1:08.21	_____	_____
8	Graves, Molly	SO	Mount Vernon High School	1:08.94	_____	_____
9	Chase, Sophie	FR	Lake Braddock Secondary School	1:09.36	_____	_____
10	Fletcher, Sami	SO	James Madison High School	1:09.44	_____	_____
11	Callahan, Kristen	SR	Oakton High School	1:09.81	_____	_____
12	Schirm, Karen	JR	Langley High School	1:09.83	_____	_____
13	Munch, Katie	FR	Robinson Secondary School	1:09.88	_____	_____
14	Springsteen, Ellie	SO	McLean High School	1:10.06	_____	_____
15	Walsh, MacKenzie	SO	South County Secondary School	1:10.36	_____	_____
16	Perry, Megan	SR	Oakton High School	1:10.58	_____	_____
17	Springsteen, Annie	FR	McLean High School	1:10.63	_____	_____
18	Hagy, Hannah	SO	West Springfield High School	1:10.88	_____	_____
19	Carpenter, Ann	JR	Yorktown High School	1:11.23	_____	_____
20	Leeds, Katherine	SR	Oakton High School	1:11.54	_____	_____
21	Collins, Aedan	SO	Thomas Jefferson High School	1:11.60	_____	_____
22	Berlin, Katrina	SR	Lake Braddock Secondary School	1:12.26	_____	_____
23	Conklin, Abby	SR	Washington-Lee High School	1:12.90	_____	_____
24	Carpenter, Lydia	JR	Yorktown High School	1:12.94	_____	_____
25	Butler, Kathleen	FR	Yorktown High School	1:15.12	_____	_____

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**Event 23 Boys 400 Yard Freestyle Relay****Reg. Record: 3:07.28 2/14/2009****Oakton High School****Oakton-VA****B Phillips, K Park, K Cho, M Hallock****State Cut: 3:20.09****AA Consid.: 3:13.93****AA Auto: 3:11.32**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Oakton High School		3:11.37	_____	_____
2	Langley High School		3:12.46	_____	_____
3	Fairfax High School		3:13.81	_____	_____
4	W.T. Woodson High School		3:15.47	_____	_____
5	Thomas Jefferson High School		3:15.62	_____	_____
6	Herndon Hornets		3:16.63	_____	_____
7	James Madison High School		3:17.76	_____	_____
8	Westfield Bulldogs		3:18.34	_____	_____
9	Robinson Secondary School		3:18.51	_____	_____
10	Lake Braddock Secondary		3:19.47	_____	_____
11	Chantilly High School		3:21.35	_____	_____
12	George C Marshall High School		3:22.69	_____	_____
13	South Lakes High School		3:23.48	_____	_____
14	South County Secondary School		3:23.78	_____	_____
15	Washington-Lee High School		3:23.87	_____	_____
16	West Potomac High School		3:26.64	_____	_____
17	Falls Church High School		3:27.60	_____	_____
18	West Springfield High School		3:28.34	_____	_____
19	Annandale High School		3:31.99	_____	_____
20	J.E.B. Stuart High School		3:35.04	_____	_____
21	Yorktown High School		3:35.56	_____	_____
22	Centreville High School		3:40.90	_____	_____
23	Hayfield Secondary		3:42.81	_____	_____
24	Wakefield High School		3:56.99	_____	_____

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**Event 24 Girls 400 Yard Freestyle Relay****Reg. Record: 3:29.40 2/2/2008**

**Lake Braddock Secondary School**  
**S Lynch, C Ogren, M Emery, A Danner**

**State Cut: 3:43.99****AA Consid.: 3:36.76****AA Auto: 3:33.40**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Robinson Secondary School		3:39.62	_____	_____
2	McLean High School		3:39.69	_____	_____
3	Langley High School		3:41.23	_____	_____
4	W.T. Woodson High School		3:42.33	_____	_____
5	Chantilly High School		3:44.21	_____	_____
6	Oakton High School		3:44.29	_____	_____
7	Yorktown High School		3:44.47	_____	_____
8	South County Secondary School		3:44.91	_____	_____
9	West Potomac High School		3:45.28	_____	_____
10	Lake Braddock Secondary		3:46.02	_____	_____
11	West Springfield High School		3:46.55	_____	_____
12	James Madison High School		3:47.87	_____	_____
13	Herndon Hornets		3:47.99	_____	_____
14	Westfield Bulldogs		3:48.53	_____	_____
15	Centreville High School		3:49.33	_____	_____
16	Thomas Jefferson High School		3:51.75	_____	_____
17	Falls Church High School		3:51.86	_____	_____
18	South Lakes High School		3:58.41	_____	_____
19	Annandale High School		3:59.43	_____	_____
20	T.C. Williams High School		3:59.44	_____	_____
21	Stone Bridge High School		4:02.29	_____	_____
22	J.E.B. Stuart High School		4:15.44	_____	_____
23	Washington-Lee High School		4:17.70	_____	_____
24	Mount Vernon High School		4:18.05	_____	_____
25	Thomas A. Edison High School		4:23.95	_____	_____